



## **When a child dies**



May 2013

### **A List of Resources to Support Families**

*Produced by Tees Child  
Death Overview Panel*

*<http://www.tees-cdrp.org.uk/>*



## Child Death Support Services that may help

- **Bliss** Bereavement of premature babies Family Support Helpline  
Freephone 0500 618140 (10am-10pm)  
General Helpline - 020 7378 1122 (9am-5.30pm)
- **Butterwick Hospice for families known to the Hospice**  
Help for Children (01642) 607747. Help for Adults (01642) 607742
- **Child Bereavement Charity** Support & resources for bereaved parents and families  
Helpline: 01494 568900 [support@childbereavement.org.uk](mailto:support@childbereavement.org.uk)
- **Child Death Helpline** Answered by bereaved parents  
Freephone: 0800 282 986 & Freephone for all mobiles: 0808 800 6019
- **Childhood Bereavement Network** Bereaved children and young people  
Tel: 020 7843 6309 [cbn@ncb.org.uk](mailto:cbn@ncb.org.uk)
- **Compassionate Friends** Answered by a bereaved parent  
Helpline: 0845 123 2304 (10.00-16.00 / 19.00-22.00) [helpline@tcf.org.uk](mailto:helpline@tcf.org.uk)
- **Cruse Bereavement Care Guisborough**  
Tel: (01287) 610734 or  
Middlesbrough (01642) 210284 Email: [sarah.cowley@cruisenortheast.org.uk](mailto:sarah.cowley@cruisenortheast.org.uk)





- **Hartlepool Hospice Counselling Service for Adults and Children from the age of 5 years** Bereavement Support (01429) 855550
  
- **North Tees & Hartlepool NHS Trust**  
Tel: (01642) 617617 Ext. 4236
  
- **Rainbow Trust** Practical and emotional support for families when a child dies  
Telephone: (0191) 3864400 (24 hrs)
  
- **Sands (Stillbirth and Neonatal Death Society)**  
Helpline: 020 7436 5881 (9.30-5.30) Mon-Fri or Tuesday and Thursday evenings (6pm-10pm) Email: [helpline@uk-sands.org](mailto:helpline@uk-sands.org)
  
- **South Tees Hospitals NHS Trust** Bereavement of stillborn babies and babies who die shortly after birth  
Tel: (01642) 854875
  
- **Teesside Hospice Counselling Service** Bereavement Counselling and the **Forget Me Not Service for children 5-17** (01642) 811063 or 811075
  
- **The Lullaby Trust** Support and advice for anyone following the sudden death of an infant.  
Freephone helpline: 080 8802 6868, Email: [support@lullabytrust.org.uk](mailto:support@lullabytrust.org.uk)
  
- **Winston's Wish for bereaved children**  
Helpline: 08452 03 04 05 Email: [www.winstonswish.org.uk](http://www.winstonswish.org.uk)





## Books you may find helpful

### For Parents:

- **Coping with loss for parents (how to help your child)** by Pat Elliot  
Piccadilly Press Ltd (1997) ISBN-10: 1853404535
- **Losing a Child** by Linda Hurcombe Sheldon Press (23 April 2004)  
ISBN-10: 0859698866

### For Children:

- **Sad isn't Bad: a good grief guidebook for kids dealing with loss** by Michaelane Mundy Abbey Press; (2004) ISBN-10: 0870293214
- **Water Bugs and Dragonflies: explaining death to young children** by Doris Stickney Pilgrim Press, (2004) ISBN 10:0829816240

Additionally Internet Search Engines such as Goggle and Bing are a great resource to find books on grief.

